Brain Health and prevention of cognitive decline

Today's challenges for a brighter Tomorrow

Milan, October 23-25, 2024

University of Milano-Bicocca Piazza dell'Ateneo Nuovo, 1

Neuroscience Research Centers of the Large Milan Area:
- University of Milano-Bicocca
- University of Milan
- University Vita-Salute San Raffaele
- Humanitas University
- University of Pavia
- Istituto Universitario di Studi Superiori, Pavia
- Fondazione IRCCS San Gerardo dei Tintori
- Fondazione IRCCS Istituto Neurologico Carlo Besta
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According to the 2022 **WHO position paper,** Brain Health can be defined as *"the state of brain functioning across cognitive, sensory, social-emotional, behavioral and motor domains, allowing a person to realize their full potential over their life course, irrespective of the presence or absence of disorders".*

The EAN Brain Health Strategy - *'one brain, one life, one approach'* - aims to develop a holistic approach to brain health that benefits society not just through a decreased healthcare burden due to neurological disorders, but through improved quality of life and productivity throughout an individual's life course. The EAN's vision is of a future in which individuals, populations, clinicians, and policymakers understand the benefits of good Brain Health and have the information and opportunities to preserve and recover Brain Health.

With **worldwide aging populations**, the burden of neurological diseases is increasing and represents a major cost for society. **Dementia has the highest impact**, with a prevalence expected to triplicate within 2050, up to 130 million worldwide, with the highest increase in developing countries.

Research showed us that **molecular mechanisms** leading to neurodegenerative disorders and dementia start decades before clinical onset and we have now available **biomarkers** revealing ongoing pathological processes before their clinical manifestations.

Moreover, **new disease-modifying drugs** and **multidomain intervention strategies** have been shown to have an impact on the progression of molecular mechanisms, on clinical course, and on the **prevention of cognitive decline**. However, implementation of such strategies requires a big effort from the scientific community, health systems, and policymakers.

Past COVID pandemic, the highest amount of money ever delivered from the European Community through the **Next Generation EU funding**, might shape our future if appropriately targeted to these ambitious goals. The Italian *"Programma Nazionale di Ripresa e Resilienza"* (**PNRR**) devoted a large amount of this European financing to **collaborative strategic plans** involving partnerships from Academia, Research Centers, and Public and Private Companies to address this **big challenge**.

On its tenth anniversary in 2024, the **Milan Center for Neuroscience (NeuroMI)** aims to devote its sixth **international meeting** to these themes and to gather top scientists involved in basic, clinical, and applied research to address these themes and **promote synergies and collaborations** to work together toward this ambitious goal.

Wednesday 23 October

14:00 - Welcome and opening
Carlo Ferrarese, Scientific Director, NeuroMI
Giovanna Iannantuoni, Rector, University of Milano-Bicocca
Cristina Messa, Former Rector and Ministry of University and Research

14:30 Lecture: The mission for brain health (Matilde Leonardi, Milan)
Chair: Elena Moro, Grenoble (President, European Academy of Neurology)

Aging, brain damage, and brain resilience

Mechanisms of brain damage and brain aging
Chair: Michela Matteoli and Gianluigi Forloni

15:00 Molecular mechanisms of senescence
     (Fabrizio D'Adda di Fagagna, Milan, Pavia)

15:20 Protein misfolding and synaptic dysfunction in brain disorders
     (Fabrizio Gardoni, Milan)

15:40 Vascular risk factors (Leonardo Pantoni, Milan)

16:00 Neuroinflammation (Mario Clerici, Milan)

16:20 Aging and Frailty (Giuseppe Bellelli, Milan)

16:40 Discussion

16:50 Coffee Break

Brain Plasticity and Brain Resilience
Chair: Nadia Bolognini and Mario Rosanova

17:30 Mechanisms of Induced Brain Plasticity (Carlo Miniussi, Trento)

17:50 Cognitive Stimulation (Andrea Brioschi Guevara, Losanna)

18:10 Non invasive Brain Stimulation (Alberto Benussi, Trieste)

18:30 Physical activity and gut-muscle-brain interplay (Giuseppe D'Antona, Pavia)

18:50 Discussion

19:00 Selected oral communications
Chair: Bice Chini and Annamaria Colangelo

19:30 Lecture: Tracing Alzheimer's origin in human evolution
       (Emiliano Bruner, Burgos)
Chair: Lucio Tremolizzo

20:00 Cocktail

Thursday 24 October

The diagnostic revolution: towards preclinical diagnosis

Imaging Biomarkers
Chair: Eraldo Paulesu and Rosa Maria Moresco

9:00 **Structural Imaging biomarkers** (Federica Agosta, Milan)

9:20 **Functional NMR biomarkers** (Marco Bozzali, Turin)

9:40 **PET molecular diagnostic for cognitive decline** (Daniela Perani, Milan)

10:00 **What does EEG tell us about Alzheimer's disease?** (Claudio Babiloni, Rome)

10:20 **Discussion**

10:30 **Selected oral communications**
Chiar: Gianpaolo Basso and Carlo Reverberi

11:00 Coffee Break

Fluid biomarkers
Chair: Fabrizio Tagliavini and Marina Saresella

11:30 **Cerebrospinal fluid biomarkers** (Argonde van Harten, Amsterdam)

11:50 **Blood biomarkers** (Marc Suarez-Calvet, Barcellona)

12:10 **Multivariate biomarkers for MCI** (Genni Desiato, Milan)

12:30 **Emerging biomarkers** (Daniela Galimberti, Milan)

12:50 **Discussion**

13:00 **Selected oral communications**
Chair: Benedetta Nacmias and Lucio Tremolizzo

13:30 Lunch and posters with Moderators

The role of Neuropsychology and Behavioral assessment
Chair: Gabriella Bottini and Stefano Cappa

14:50 **Definition of SCD and MCI** (Gonzalo Sánchez-Benavides, Barcelona)

15:10 **Predictive neuropsychological markers** (Stéphanie Bombois, Paris)

15:30 **Cognitive impairment and behavioral alterations** (Chiara Cerami, Pavia)

15:50 **Telemedicine and new predictive tests** (Camillo Marra, Rome)

16:10 **Discussion**

16:20 **Selected oral communications**
Chair: Valeria Isella and Daniele Romano

16:50 Coffee Break

Early diagnosis and patient journey
Chair: Massimo Filippi and Vincenzo Silani

17:10 **Brain Health services and Memory Clinics** (Giovanni Frisoni, Geneva)

17:30 **Methods of Prevention** (Sandrine Andrieu, Toulouse)

17:50 **Indications for new treatments in SCD and MCI**
(Sebastiaan Engelborghs, Brussels)

18:10 **Ethical issues** (Daniela Ovadia, Pavia)

18:30 **Discussion**

18:40 **Selected oral communications**
Chair: Ildebrando Appollonio and Valentina Bessi

19:10 **Press Conference with Patient's Associations**

20:00 Cocktail

Friday 25 October

New Avenues for Prevention

Strategies of prevention and new treatments
Chair: Carlo Ferrarese and Sandro Sorbi

9:00 Monoclonal antibodies: a new opportunity (Alessandro Padovani, Brescia)

9:20 Nutritional approaches to prevent cognitive decline: the mysterious case of dietary polyphenols (Daniele Del Rio, Parma)

9:40 Multidomain Interventions and WorldWide Fingers (Francesca Mangialasche, Stockholm)

10:00 Emerging new targets and drugs (Ferdinando Nicoletti, Rome)

10:20 Discussion

10:30 **Selected oral Communications**
Chair: Massimo Clerici and Carolina Lombardi

11:00 **Coffee Break**

Prevention from a societal perspective: new issues to target
Chair: Monica Di Luca and Guido Bellomo

11:30 The contribution of European Brain Council in engaging global brain health (Frederic Destrebecq, Brussels)

11:50 The role of vaccinations for brain health (Stefania Maggi, Padova)

12:10 Brain Health in migrants (Marco Canevelli, Rome)

12:30 Global synergistic actions to improve brain health (Mayowa O Owolabi, Ibadan)

12:50 Discussion

13:00 **Lunch and posters with Moderators**

Age-It

https://ageit.eu/wp/

Anthem
AdvaNced Technologies for Human-centEred Medicine

https://fondazioneanthem.it/

FIT4 MED ROB
Fit for Medical Robotics

https://www.fit4medrob.it/

MNESYS

https://mnesys.eu/

Next Generation EU: shaping the future for Brain Health
Chair: Guido Cavaletti and Cristina Messa

14:30 Mnesys Project (Silvia Caminiti, Pavia)

14:50 AGE-IT Project (Luca Cuffaro, Milan)

15:10 FIT4MEDROB Project (Franco Molteni, Costa Masnaga)

15:30 Anthem Project (Guido Cavaletti, Monza)

15:50 Discussion

16:00 - 16:30 Meeting Closure and Awards for best Posters

Faculty

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GENERAL INFORMATION

Meeting venue

University of Milano - Bicocca
Great Hall - Building U6
Piazza dell'Ateneo Nuovo, 1
Milan

Organizing Secretariat

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Registration

Single individuals will only be able to register online through the website https://neuromi2024.sienacongress.it/home.php. Until 30th June it is possible to take advantage of the reduced fee. The fee includes: participation at the scientific studies, conference kit, certificate of attendance, opening ceremony, welcome cocktail, buffet lunches.

CATEGORY	EARLY REGISTRATION UNTIL 30 JUNE 2024	AFTER 30 JUNE 2024
Medical registration fee	€ 300,00	€ 400,00
Other professions registration fee	€ 200,00	€ 300,00
Daily registration fee	€ 100,00	€ 150,00
Junior Specialist registration fee under 35 years old	€ 100,00	€ 100,00
NeuroMi Members/Students/PhD/Residents	Free	Free

Fees are inclusive of 22% iva (tax).

Bank details:

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Directions

BY TRAIN

The closest station to the Università degli Studi di Milano-Bicocca is Milano Greco Pirelli.

The Milano Greco Pirelli station is reachable from:
• Milano Porta Garibaldi in about 7 minutes with 4 trains departing per hour
• Milan Lambrate in about 7 minutes using line S9 and R trains to/from Brescia, plus a few trains departing from Piacenza, Voghera

By taking Viale dell'Innovazione, the street next to the Arcimboldi theatre, you will reach Piazza dell'Ateneo Nuovo and buildings U6/U7.
From Central Station you can take bus 87.
For more information please visit this website: www.trenitalia.it

BY PLANE

From Milan Linate airport, take metro towards S. Babila M1. At the last stop continue on line 1 of the Metro.

Those arriving at Milan Malpensa airport can take the Malpensa Express shuttle train. We advise you to use trains that stop at Milan Porta Garibaldi station.

BY CAR

From the Turin-Venice motorway, exit "Milano - viale Zara" and take the direction towards 'Milano Centro'.

After passing the sign indicating the city of Milan, at the StarTourist Hotel on the left, take Viale Sarca, the first street parallel to the one you find yourself on, on the left side.

Continuing along Viale Sarca in the same direction you will find the University on your left after about one km.

CME Accreditation

The National Commission for Continuing Education has welcomed the provisional accreditation of the SIN (Italian Society of Neurology) as CME PROVIDER (assigned number 1802).

Submission of abstracts

During the Sixth International Meeting of the Milan Center For Neuroscience (NEUROMI) there will be scientific sessions devoted to oral communication and posters. Oral communications will be selected from the abstracts submitted on line to the scientific secretariat and presented in the main scientific session. All abstracts must be submitted before 30th June 2024 Find out more http://neuromi.neuroabstract.org/

Poster instruction

Posters have to be affixed on the first day of the meeting. Posters will remain on display for the whole meeting. Posters' dimension: 70 cm. wide x 100 cm. high.

Language

The official language of the meeting is English.

Meeting website

Work in progress...

Notes

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Organizing Secretariat